The Spitfire Grill parent guide

(warning, spoilers!)

Although The Spitfire Grill is a wonderful and uplifting story, there is adult language and adult situations included in the show. The characters in the show take a journey of healing and acceptance, made more poignant because of the difficult situations that they've encountered in their lives.

This guide will help you to determine if the show is right for your child. We recommend that children be at least 9 or 10 years old to see the show. The show rating is PG-13.

Language:

The words hell and damn are spoken or sung several times. The sheriff says he's "freezing his ass off" and Hannah says she won't put up with "smartass remarks." The word "shit" is spoken once.

Adult situations/Violence:

The main character, a young woman named Percy Talbott, has just been released from prison for manslaughter. She travels to a small town for a new beginning. During this process, she confides to a new friend, Shelby, the harsh details of her life: She was impregnated by her stepfather when she was 16, and suffered untold abuse that resulted in the loss of her unborn child. Her stepfather, having pulled her out of the hospital, took her on the run. One night, while he slept, she killed her stepfather with his own straight razor. While this is a small segment of the show, and is only spoken about once, it is difficult to hear. The details of the abuse are not terribly graphic.

Shelby's relationship with her husband is a difficult one. He is controlling, bordering on abusive. At one point he raises his hand to slap her, but restrains himself. Shelby's journey is one of discovery, and she realizes that she doesn't want to be treated this way. In the end, they stay together, but it is understood that there is a lot of work for both of them to do in order for the relationship to be healthy.

Substances:

Three adult women make several toasts and drink applejack while opening letters. They do not get drunk, but perhaps are a little tipsy.

Percy's stepfather was an alcoholic, and it is mentioned that he was "into his bottle real good" when Percy killed him.

Percy tries to smoke a cigarette, but is told it is not allowed in the diner. We never see her with one again.